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YOUR
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HEALTH

CANCELLATION POLICY

FITNESS PROFESSIONAL CANCELLATION POLICY

- As your health and fitness professional, if I am unable to keep an appointment for any reason and unable to give you at least 12 hours notice, you will receive one free personal-training session.
- If you are unable to give me at least 12-hours notice of cancellation, I will require you to make a normal payment. This policy also applies to no-shows.

Note: Please be on time for your session. If you are late, the session will still finish on time.

I acknowledge and fully understand the Cancellation Policies as stated above.

Client Signature and Date

Fitness Professional Signature and Date

We thank you for your consideration.

Best in health,

Heather Cobb, Fitness Staff

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